



"A Vancouver Tradition"



Prospect Point Lookout circa 1873



Prospect Point Signal Station circa 1918

START & SHARE

- Stanley Park Fries** 6.99 | add gravy 1.99
- Onion Rings** thick battered onions rings 9.99
- Edamame** Japanese soy beans & rock salt 7.99
- Montreal Poutine... Eh?** Stanley Park Fries, melted cheese curds, gravy - a Canadian favourite! 11.99
- Cod Fish Poppers** fresh lager beer batter, tartar 12.99
- Chicken Tenders** house plum sauce, fries 12.99
- BC Garlic Prawns** sautéed in garlic butter 13.99
- Smoked Salmon Plate** wild BC smoked sockeye salmon, capers, cream cheese, crostini 15.99

CHOWDER & SALADS

- Serious Seafood Chowder** our famous creamy chowder, fresh local seafood - enjoyed by millions! 9.99
- BC Greens** onions, tomatoes, raspberry vinaigrette 9.99
- Classic Caesar Salad** romaine, parmesan, house made Caesar dressing 10.99
- Wild Smoked Salmon Caesar** classic Caesar, cold smoked wild BC salmon 15.99
- Warm Salmon Salad** grilled wild BC salmon, mixed greens, soy-ginger-garlic dressing 18.99
- Hot Salmon Caesar Salad** wild BC sockeye Salmon fillet 18.99

WILD SALMON FESTIVAL

HOT SALMON PLATES

all our salmon entrees are served with fresh seasonal vegetables

- Simply Grilled Salmon 23.99
- Cedar Plank Salmon 24.99
- Teriyaki Salmon 23.99
- Pine-Nut Pesto Salmon 24.99
- Maple Glazed Salmon 24.99
- Zesty Citron Salmon 23.99
- Fresh Ginger Garlic Salmon 23.99
- Grilled Salmon Burger 16.99
served with Stanley Park Fries
- Warm Salmon Salad 18.99
- Hot Salmon Caesar Salad 18.99
- Smoked Salmon Linguine 18.99
- Grilled Pesto Salmon Fettuccine 21.99



COLD SALMON PLATES

- Smoked Salmon Plate 15.99
- Smoked Salmon & Cream Cheese Sandwich 13.99
- Wild Smoked Salmon Caesar Salad 15.99

SALMON HEALTH FACTS

Aboriginal communities living in the Pacific Northwest are among the oldest known fishing cultures in the world. Without the salmon, many aboriginal communities would have been hard pressed to live where they did. Salmon were that important to their dietary, social, economic and cultural needs.

The benefits of salmon oil and salmon are many. The Omega-3 fatty acids in salmon help prevent heart disease and stroke. You can see why salmon is thought to be one of the best super foods that we can eat. Salmon is also rich in some essential minerals like iron, calcium and phosphorus and vitamins like A, B and D.

Remember that all fish have bones - please be careful. You can learn more about salmon on our website at www.prospectpoint.ca

BURGERS served with Park Fries or BC Field Greens

- Stanley's Bavarian Smokie** sauerkraut, Canadian back bacon, cheddar & onions 13.99
- Canuck Burger** Angus beef, Canadian back bacon, cheddar, lettuce, tomato 15.99
- Lions Gate Burger** Angus beef, Bavarian smokie, Canadian back bacon, cheddar 17.99
- Teriyaki Chicken Burger** grilled teriyaki chicken breast, pineapple, lettuce, tomato 15.99
- Wild BC Salmon Burger** grilled BC salmon fillet, wasabi mayo, lettuce, tomato, onions 16.99
- Vegetarian Burger** sautéed mushrooms, tomato, lettuce, onions, pickle 13.99

STANLEY PARK FISH & CHIPS

All of our fish & chips are made fresh with our famous Whistler Lager beer batter & served with Park Fries. All orders come with two pieces of fish & our homemade tartar sauce.

- Cod Fish & Chips** 17.99 | extra cod 6.99
- Halibut Fish & Chips** 21.99 | extra halibut 8.99

PASTAS

- Linguine Marinara** tomato, basil, garlic & onions 14.99
- Smoked Salmon Linguine** rosé sauce & parmesan 18.99
- Chicken Pesto Fettuccine** grilled chicken breast, homemade pesto with pine nuts & parmesan 19.99
- Grilled Salmon Filet & Fettuccine** 21.99

WEEKEND BRUNCH served every Saturday and Sunday from 11 am - 3 pm

- French Toast** with fresh strawberry compote & maple syrup 9.99
- Loggers Breakfast** three farm fresh eggs, Canadian back bacon, pan fried potatoes & multi grain toast 12.99
- Eggs Benedict** two poached eggs, Canadian back bacon, English muffin, pan fried potatoes, hollandaise 13.99
- Eggs Benjamin** two poached eggs, smoked BC salmon, English muffin, pan fried potatoes, hollandaise 14.99
- Ham & Cheese Omelet** with pan fried potatoes & multi grain toast 12.99
- Scrambled Eggs & Lox** wild BC smoked sockeye salmon, pan fried potatoes, multi grain toast 14.99

DG-PPC-VII-MMX

twitter: @pplookout



Recommended by the Vancouver Aquarium as an ocean-friendly seafood product

www.prospectpoint.ca



A DANIEL GROUP joint | www.dgbars.com

Gratuities may be added to parties of 6 or more. Taxes not included.